SUMMER BREAK PRACTICE CLASSES

Don't miss this opportunity to get some Taiji, Qigong and Qi practice in over the Summer Break

SATURDAYS 9 and 16 January 2027
9.00 to 10.30am – Qigong and Tai Chi



Victoria Gardens, Prahran

361 – 381 High Street, Prahran

Parking

There is plenty of free parking in High Street, Lewisham Road & Murray Street.

Public Transport

No. 6 Tram up High Street, or a 261 or 219 bus along Williams Road.

MONDAY 11 January 2027
12.30 to 2.00pm - Qigong and Tai Chi / 2.30pm Afternoon Tea



Johnson Park, Northcote

End Palmer Street, Northcote

Parking

There is plenty of free parking in Palmer Street.

Public Transport

Bus runs along Bastings Street and Victoria Road

WEDNESDAY 13 January 2027
9.30 to 11.00am – Qigong and Tai Chi



Elwood Sailing Club Foreshore

Ormand Esplanade, Elwood

Parking

There is plenty of free parking in the side streets off Ormond Esplanade or near the Wattie Watson Oval.

Public Transport

606, 600, 922 or 923 bus along Ormond Road, then walk about 5 minutes.

Make sure you bring a hat, sunscreen, water and dress for the weather.

If it's raining (i.e. POURING), or the Temperature is higher than 40°C, classes will be cancelled.

These practice classes are designed to help you keep up with your training and practice during the Term Break

Anyone more than welcome to attend **Cost is $10.00 per hour (Please bring correct money)**

If you have questions or need any help, please ring Tara on 0407 941 101